

Harley Street Medical Pānui

Huitanguru/ February 2026

We Welcome a New GP to the Practice

We are delighted to share with you that we have a new GP - Sunniva Jones - starting with us as of Monday 23rd February. Her usual days of work will be Wednesdays and Fridays, with additional days as needed.



Qualifications: BSc, MBChB, DCH (Postgraduate Diploma in Child Health)

"I grew up in Whakatū Nelson then headed south to attend the University of Otago in Dunedin. I completed my clinical training in Wellington and Palmerston North before returning home to work as a house surgeon at Nelson Hospital in a variety of roles.

I am a second year GP trainee, having spent the last year working at two fantastic local practices. I am thoroughly enjoying the transition to community care, especially getting to know my patients and their families.

My husband and I are grateful to be able to raise our two children in this supportive community and beautiful region of Aotearoa."

12-Month Prescription Requests

As of February 2026, some patients are eligible for 12-month prescriptions. This is case by case, depending on your medication and your medical history, meaning not every patient will be eligible for this. If you are wanting a 12-month prescription, you MUST have a consult with your GP to discuss whether this is an option for you.

ADHD Diagnosis and Treatment Changes

From 1 February, the Ministry of Health has approved changes that allow GPs and nurse practitioners to start treatment for adults with ADHD, provided they have the appropriate training.

What this means at our practice:

- At Harley Street Medical, none of our GPs are currently trained to diagnose ADHD.
- ADHD still needs to be formally diagnosed by a specialist, such as a psychiatrist or physician.
- We are happy to refer you to a specialist who can complete the diagnosis.

After diagnosis

- Once a specialist has made the diagnosis and started a treatment plan, prescribing can often be transferred back to your GP.
- This helps reduce delays and allows your ongoing care to be managed closer to home.

We understand that access to ADHD assessment and treatment can be frustrating, and we appreciate your patience and understanding.

Please speak with our reception team or your GP if you would like to discuss a referral or have questions.



Manage My Health

Thank you for your patience regarding the patient portal over the last few months. Here is the latest information regarding the cyber breach.

What happened?

Manage My Health experienced a cyber-attack that impacted part of the system. Most of the people affected are in Northland. The data breach involved documents stored in the My Health Documents section of Manage My Health. It did not involve clinical systems, prescriptions, secure messages, or appointment bookings. Health NZ is continuing to work with Manage My Health, the National Cyber Security Centre, and Police to contain this incident.

Not everyone is affected

If you are affected, Manage My Health will communicate with you telling you what to do next. People are being contacted in stages. You will be told if you are affected and what information was impacted for you.

Important things to know:

The breach has not affected Health NZ systems.

Full functionality to the Manage My Health app has now been restored and you can use the app or website to book appointments, order repeat prescriptions and view results.

Remember...

Health NZ systems are safe.

Manage My Health have confirmed the platform has undergone extensive vulnerability assessment and penetration testing by international cybersecurity specialists. They have advised the current Manage My Health environment is secure and operating as intended.

If you are worried or need help:

Call the Manage My Health 0800 number: 0800 747 778.

Go to the Manage My Health website for updates & FAQs managemyhealth.co.nz or email: info@managemyhealth.co.nz

Steps you can take to ensure your data remains secure:

- Watch out for suspicious emails or texts ('phishing').
- If you see signs of identity theft or fraud, contact your bank and the police.
- Change your passwords and turn on two-factor authentication by logging into your Manage My Health account.
- Two-factor authentication is an extra security step you can take to secure your information online and involves you being asked to confirm your identity usually via a text message or an email confirmation.

Concerned about your information?

You can call ID Care, which provides free, confidential support for identity misuse or compromise. Call 0800 121 068 and give them the reference code MMH26.

If you are feeling worried or need support:

Call or text 1737 to speak with a trained counsellor, anytime

Lifeline: 0800 543 354 or text 4357

Samaritans: 0800 726 666

Suicide Crisis Helpline: 0508 828 865

Identity support:

IDCARE (Australia and New Zealand identity and cyber support service)

– Online: www.idcare.org

– Phone: 0800 121 068

– Referral code: MMH26

Note: IDCARE supports identity misuse or credential compromise only. It does not provide clinical or health advice

Final Notes

- Look out for information soon about booking in for your seasonal flu vaccine and the latest 2026 covid variant, bookings will be open from late March for April appointments.
 - Our Health Improvement Practitioner (HIP) Clare is becoming heavily booked; if you wish to make an appointment with Clare don't delay! She is available to support you with aspects of your well-being, helping you discover tools to become 'unstuck' in any aspect of your life.
 - Our wonderful nurse Rosa heads off on parental leave shortly. She is capably replaced by Mary, an experienced nurse. We wish Rosa and family well.
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